Breakfasts	Allergens
Weetabix	Gluten
Cornflakes	Gluten
Rice Crispies	Gluten
Ready Brek	Gluten
All Breakfasts Served with Whole/Semi-skimmed Milk.	Milk

Lunches	Allergens
Lamb	
Lamb Stew	Celery
Lamb and Sweet Potato Korma	Celery
Lamb Hot Pot	Celery
Pork	
Cowboy Casserole (Baked Beans, Quorn Sausage, Bacon)	Gluten, Egg, Milk
Pasta Shells with Bacon and Tomato Sauce	Gluten, Milk
Chicken	
Cajun Chicken	Celery
Chicken Chow Mein with Egg Noodles	Gluten, Egg, Soya
Caribbean Coconut and Chicken Curry	Celery
Chicken and Broccoli Pie	Gluten, Milk
Beef	
Beef Bolognese with Pasta	Milk, Celery, Gluten
Beef Shepherd's Pie	Milk
Fish	
Salmon and Broccoli Bake	Fish, Milk, Gluten
Fishcakes	Fish, Milk, Mustard

Fish and Spinach Bake	Fish, Milk, Gluten
Tuna and Sweetcorn Bake	Fish, Milk, Gluten
Vegetarian	
Cheese and Brocolli Bake	Milk, Gluten
Cajun Butterbeans	Celery
Pasta in Mushroom and Cheese Sauce	Milk, Gluten
Vegetarian Cowboy Casserole	Gluten, Milk, Egg
Quorn Sausages	Gluten, Milk, Egg
Courgette Provençale	Milk
Pasta with Butternut Squash and Tomato Sauce	Gluten, Milk
Ratatouille Bake	Milk
Quorn Chow Mein with Egg Noodles	Gluten, Milk, Egg, Soya
Vegetable Country Bakes	Milk, Mustard, Gluten
Caribbean Coconut Quorn Curry	Gluten, Milk, Egg
Cheese and Spinach Bake	Gluten, Milk
Vegetable Lasagne	Gluten, Milk
Vegetable Pie	Gluten, Milk
Pasta with Vegetable Sauce	Gluten, Milk
Extras	
Garlic Bread	Gluten, Milk
Diced Herby Potatoes	Gluten

Puddings	Allergens
Muller Healthy Balance Yoghurts (Strawberry/Peach)	Milk
Rowen Glen Yoghurts	Milk
Little Stars Fromage Frais	Milk
Anchor UHT Real Cream	Milk
Brakes Complete Custard Powder	Milk
Jam	Sulphur Dioxide
Homemade Sponge Cakes	Eggs, Milk, Gluten
Homemade Cookies	Milk, Gluten
Homemade Scones	Milk, Gluten
Buttercream Icing	Milk

Chocolate Drops (White and Milk)	Milk, Soya
Cherry Pie/Crumble	Milk, Gluten
Strawberry Pie/Crumble	Milk, Gluten
Apple Pie/Crumble	Milk, Gluten

Teas	Allergens
White Bread	Gluten
Wholemeal Bread	Gluten
Crusty Baguette	Gluten
Wholemeal Bags	Gluten
Breadsticks	Gluten
Crackers	Gluten
Summer County Margarine	Milk
Soya Butter	Soya
Ketchup	Celery
Mayonnaise	Milk, Eggs
Tinned Salmon	Fish
Tinned Tuna	Fish
Grated Mature Cheese	Milk
Sliced Mild Cheese	Milk
Philadelphia Cream Cheese	Milk
French Bread Pizza	Gluten, Milk
Tomato Soup	Gluten